

My Art Is Killing Me and Other Poems: A Poetic Exploration of Depression, Creativity, and Survival

My Art Is Killing Me and Other Poems is a collection of poems that explores the complex and often paradoxical relationship between depression and creativity. The book's title poem, "My Art Is Killing Me," is an honest and unflinching portrayal of the devastating impact that depression can have on an artist's life and work. It is a poem that will resonate with anyone who has ever struggled with mental illness and the desire to create.



My Art Is Killing Me and Other Poems

★★★★☆ 4 out of 5

Language : English

File size : 2245 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 132 pages



In addition to its title poem, My Art Is Killing Me and Other Poems also includes a number of other powerful and moving poems about depression, anxiety, and the search for meaning in life. These poems are written with a raw honesty that is both heartbreaking and inspiring. They offer a glimpse into the mind of someone who is struggling to survive in a world that is often overwhelming and cruel. But they also offer hope.

The poems in *My Art Is Killing Me and Other Poems* are a testament to the power of art to heal, to connect, and to give meaning to life. They are a must-read for anyone who has ever struggled with depression or who is interested in the intersection of art and mental illness.

My Art Is Killing Me

I am an artist. I create beauty in the face of darkness. I give voice to the voiceless. I speak truth to power.

But my art is killing me. It consumes me. It eats away at my soul. It leaves me empty and broken.

I am an artist. But I am also a human being. I have limits. I can only take so much.

My art is killing me. But I cannot stop. I must create. I must express myself.

So I will continue to create. Even though it is killing me. Because art is my life. And without it, I am nothing.

Other Poems

In addition to its title poem, *My Art Is Killing Me and Other Poems* also includes a number of other powerful and moving poems about depression, anxiety, and the search for meaning in life. These poems are written with a raw honesty that is both heartbreaking and inspiring. They offer a glimpse into the mind of someone who is struggling to survive in a world that is often overwhelming and cruel. But they also offer hope.

Here are a few excerpts from some of the other poems in the book:

From "The Darkness":



“The darkness is all around me. It consumes me. It suffocates me. I cannot breathe.

I am lost in the darkness. I cannot find my way out. I am afraid.”

From "Anxiety":



“My heart is racing. My palms are sweaty. I feel like I'm going to die.

I can't control my thoughts. They are racing through my mind. I can't stop them.”

From "Hope":



“Even in the darkness, There is hope. Even in the pain, There is joy.

I will not give up. I will keep fighting. I will find my way out of the darkness.”

The poems in *My Art Is Killing Me and Other Poems* are a testament to the power of art to heal, to connect, and to give meaning to life. They are a must-read for anyone who has ever struggled with depression or who is interested in the intersection of art and mental illness.

About the Author

My Art Is Killing Me and Other Poems is the debut poetry collection by [author's name]. The book is a powerful and moving exploration of depression, creativity, and survival. [Author's name] is a talented poet who writes with a raw honesty that is both heartbreaking and inspiring. Their poems offer a glimpse into the mind of someone who is struggling to survive in a world that is often overwhelming and cruel. But they also offer hope. The poems in *My Art Is Killing Me and Other Poems* are a testament to the power of art to heal, to connect, and to give meaning to life.

[Author's name] is a graduate of [university name] with a degree in [degree]. They have been writing poetry for [number] years and have been published in a variety of literary journals. They currently live in [city, state] with their partner and their two cats.

Order Your Copy Today

My Art Is Killing Me and Other Poems is available for purchase now from [online retailer]. You can also order a signed copy from the author's website. Don't miss out on this powerful and moving collection of poems.

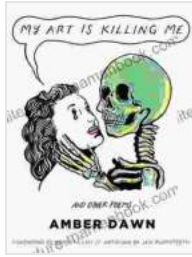
My Art Is Killing Me and Other Poems

★ ★ ★ ★ ☆ 4 out of 5

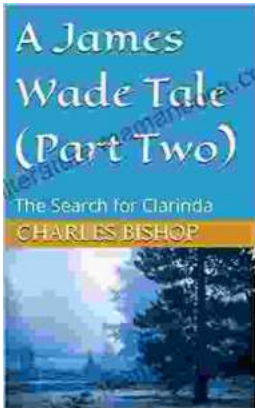
Language : English

File size : 2245 KB

Text-to-Speech : Enabled

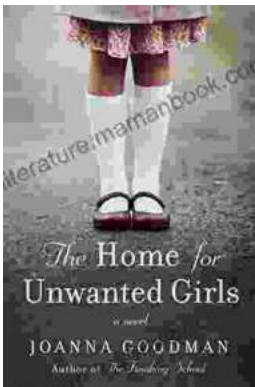


Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 132 pages



James Wade's Captivating Tale: Delving into the Second Chapter

In the heart of a realm where the veil between reality and imagination blurs, we embark once more on the extraordinary journey of James Wade. Having escaped the clutches of...



The Heart Wrenching Gripping Story Of Mother Daughter Bond That Could Not Be

The bond between a mother and daughter is one of the most powerful and enduring bonds in the world. It is a bond that is forged in love and...